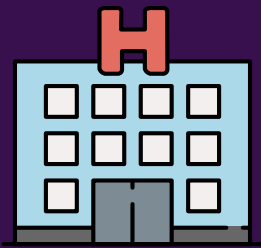


## MENTAL HEALTH MATTERS - SURVEY FINDINGS



1

### 10,000 HEALTH STAFF SHARED THEIR VIEWS

Over 10,000 Health members completed UNISON's Mental Health Survey in October 2021

Members worked across the UK in a range of settings - directly for the NHS, in private companies, charities and other organisations



2

### STAFF ARE THINKING OF LEAVING THE NHS

54% of our survey participants said they were actively looking for new jobs. Here's why:

- 1) 67% said work was negatively impacting their mental health
- 2) 53% were not getting enough support from managers to carry out their role
- 3) 45% felt guilty that service users were not getting the quality of care they need and deserve



3

### FINANCIAL WORRY IS A PROBLEM FOR MANY

- 29% of staff have faced financial difficulty, and an overwhelming 91% said this affected their mental health
- 77% were concerned about increasing energy bills
- 30% struggle with money every month

## WHAT IS UNISON CALLING FOR?

- Government investment in the NHS workforce to ensure adequate staffing levels and support is available
- Government recognition of the significant contribution made by healthcare staff throughout the pandemic
- Employers to provide adequate support to staff both throughout and after the pandemic