

MENTAL HEALTH SURVEY FINDINGS 2020

UNISON recognises the impact that working throughout the pandemic has had on staff across the health service.

Our latest survey findings show that now, more than ever, government must act to prioritise the mental health and wellbeing of staff.

FINANCES

26% STATED THE PANDEMIC HAD PLACED THEM AND THEIR FAMILY IN FINANCIAL DIFFICULTY

UNISON IS THERE FOR YOU

Our welfare charity "There for You" supports thousands of members and their families every year. We may be able to help you with general living costs, utility bills, one off grants and more.

Visit: unison.org.uk/thereforyou

48% HAVE NOT COPE WELL MENTALLY DURING THE PANDEMIC

UNISON is calling for staffed helplines with trained staff available 24 hours a day.

- **39% ARE UNHAPPY WITH HOW THEIR EMPLOYER HAS TREATED THEM DURING THE PANDEMIC**

56% WOULD FIND SOME TYPE OF WELLBEING SUPPORT HELPFUL TO ACCESS ONCE THE PANDEMIC IS OVER

I have had to take time off sick as a result of increased anxiety at work

46% HAD AN INDIVIDUAL RISK ASSESSMENT COMPLETED

Your employer should complete an individual risk assessment with you, and follow required measures.



We are asking employers to work jointly with us to provide mental wellbeing support, that adequately addresses the needs of healthcare staff working throughout the pandemic.

For more mental health resources, please visit unison.org.uk