

**Build your skills**

**Free  
Training**

UNISON  
*the public service union*

**Want to get ahead at work, build your confidence and learn new skills? It can be tricky when lots of jobs don't provide training. They expect you to already know it or pay for training yourself.**

One thing you can do to improve this is join a trade union. UNISON gives people doing your job a voice at work and protection from unfair employers. And members have access to free training and support. We run free courses members can attend or complete online. Plus we negotiate with employers to get you the training you need and time-off to attend. We could help make it a career not just a job.

**Join online at [joinunison.org](http://joinunison.org)  
or call 0800 171 2194**

**Join UNISON – make work better**

