



Pay not pain

It's been a difficult three years for staff delivering public services, wherever you work. You've seen colleagues lose their jobs and been worried about keeping yours. The vital services you provide have been cut and you are left to deal with the increased workload and user complaints. And as the stress piles up at work your home life is getting harder because your pay has been frozen while your bills keep going up and up.

We keep hearing talk of the economy turning the corner and things getting better – but guess what. There is every chance you won't benefit as the government wants to cap your pay until at least 2016. So it's very clear that we can't count on those in power to do what's right by you, your families and the communities you serve.

But even if the Westminster government thinks it's okay for your pay to fall even further behind over the next two years, UNISON doesn't. We know the jobs you do have real value – both to the people you help and to your communities – and we will be doing everything we can to put things right.

UNISON is fighting for you by demanding that:

- your pay goes up instead of being frozen or capped
- no-one gets less than the Living Wage



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you work**



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**Ask your UNISON
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- bad employment practices (like the abuse of zero-hours contracts) are stamped out
- decision-makers support our campaign and recognise that cuts to pay will damage the quality of the services you provide.

Now you can help us by getting involved in our campaign and speaking up about your pay. Because keeping the pressure on those in power really works. Our work already means that more employers have:

- agreed to pay a living wage
- signed up to our ethical care charter to pay home care workers fairly
- given a pay rise above the Chancellor's 1% cap.

Get involved

While that's a good start, there is still a long way to go but you help make our campaign stronger and more effective by:

- Taking five minutes to sign up to support our campaign at unison.org.uk/our-campaigns/unison-campaigns/worth-it/
- Telling your friends, family and colleagues about the campaign and ask them to become supporters too.
- Volunteering to help your branch publicise what UNISON is doing about pay by putting up posters and handing out leaflets in your workplace.

UNISON believes that everyone, including politicians, should value the work you do and the services you provide. Let's get that message across.

