

Things get better when you
learn in UNISON

Want to brush up on your skills?

Want to improve your work and career prospects?

Want to do all this for FREE?

Then join UNISON...

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Free learning for new members

UNISON is offering new members free one day “taster” learning workshops to help you cope with the challenges life throws at you either at work or in your daily life.

We can help you get to grips with new technology – from using the internet on your smart phone to making the most of your office email.

We’ll tell you more about your union, UNISON, how you access our help and support and how the union can support you in the workplace.

And it’s all **FREE**.

How it works

Once you've joined, we'll send you details of how you can take part in the workshops on the next page and choose which to attend.

The workshops

Welcome to UNISON

Interested in finding out more about UNISON? Come along and meet other new members and find out more about UNISON. You'll learn about what being a member means for you, how we work together to make change happen and how you can get involved.

Facing change together

Are things changing at work? This session will help give you confidence and will look at practical ways that we, as UNISON members, can help and support each other during times of change or uncertainty. You will find out about the relevance of working together and all the practical ways the union can help and advise.

Your skills, your future

Are you feeling stuck in your current job? Come along and explore what skills you have, how to make the most of them and how to develop new skills. Whether you want to learn for work or in your personal life, this workshop is for you.

Making the most of the internet

Do you have some experience of using a computer but would like some useful tips to make the most of the internet? Come along to either or both sessions to build your confidence. Session one covers searching the internet, favourites and email and attachments. Session two includes tips for staying safe online, computer spring cleaning and using the internet to save money.

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Change your life with UNISON learning

Our great range of learning opportunities are one more reason to join UNISON:

- Get into learning with our **free** 'Introduction to Study' courses, for UNISON members only. They are designed for adults to build self-confidence, widen horizons and help progress at work. And all with no exams.
- Our trained union learning reps support members to take up learning and work with union branches and employers to improve access to training and learning.
- UNISON grants and bursaries. As a member you can apply for financial help with fees or course costs for trade union and labour movement studies. Book grants and small awards are also available for members taking courses up to degree level.
- Training and support to help you if you choose to become more active in the union

For more information email
learningandorganising@unison.co.uk

Three simple ways to join UNISON today



Join online at
joinunison.org



Call us on
0800 171 2193



Ask a UNISON rep for
an application form