



GET LEARNING WITH UNISON

Does that promotion look a million miles away because you're stuck in a rut at work?

Do you want to give your confidence a boost?

Are you interested in learning new stuff?

Well, what are you waiting for?

Now is the time to get learning with UNISON.

We have a range of opportunities for members, ranging from short workshops and one day courses, to 12 weeks on our award-winning Return to Learn and Women's Lives courses.

All our free courses aim to build your confidence and give you a range of skills and knowledge to help you, not only at work, but outside too.

So, whether it's stress management, assertiveness, improving your reading and writing skills, or continuing professional development to get you that promotion at work, UNISON has it covered.

Or maybe you are interested in studying for that qualification you never got when you were younger through a non-UNISON course?

As a UNISON member, you can often get discounts on courses from many different organisations and our learning grants can also help towards the cost of these courses as well as the cost of text books and exam fees.

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Interested?

A good place to start is by speaking to the union learning rep in your UNISON branch who can point you towards learning opportunities. They can also organise informal learning in your workplace and speak to your employer about providing high quality training for staff.

You can also go to **learning.unison.org.uk** where you will find loads of information about what's on offer and how to access it – including study with the Open University or the Workers' Educational Association. It doesn't matter if you are studying full time or part time, on line or face to face – you'll find useful information on our website.

Not in UNISON? Join today at
join.unison.org.uk or
call us free on **0800 0 857 857**.

